



**Govt. Naveen college Berla,**

**Bemetara(C.G.)**

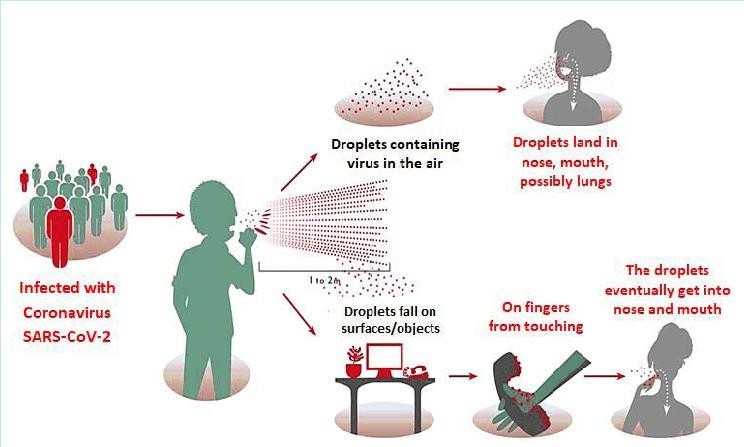


**TIPS ON IMMUNITY AND PREVENTION FOR COVID-19 & BLACK FUNGUS**

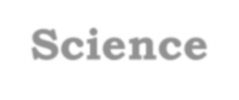
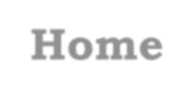
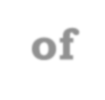
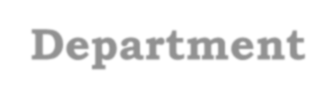


**Department of Home Science**





**SARS-CoV-2: Mode of Transmission**



**The**

**onslaught**

**of**

**Corona**

**virus**

**SARS-CoV-2 necessitated**

**sensitization of students towards development of strong immunity for prevention of COVID-19. Department**

**disseminated enhancement**

**extremely**

**useful tips for**

**of**

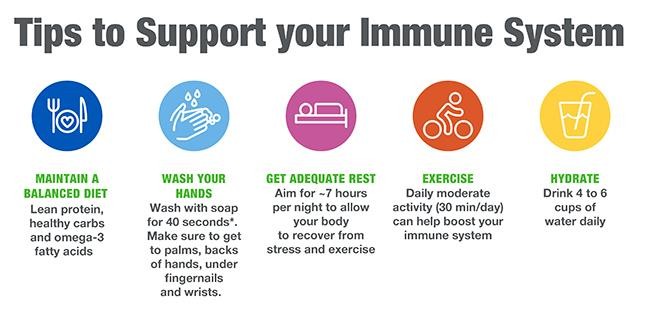
**self**

**Home Science**

**assessment**

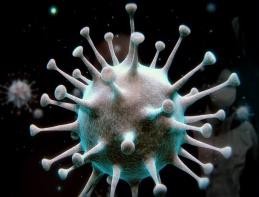
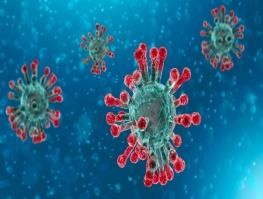
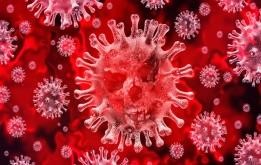
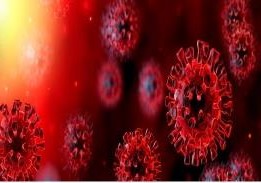
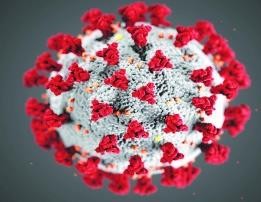
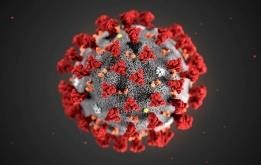
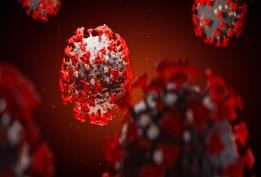
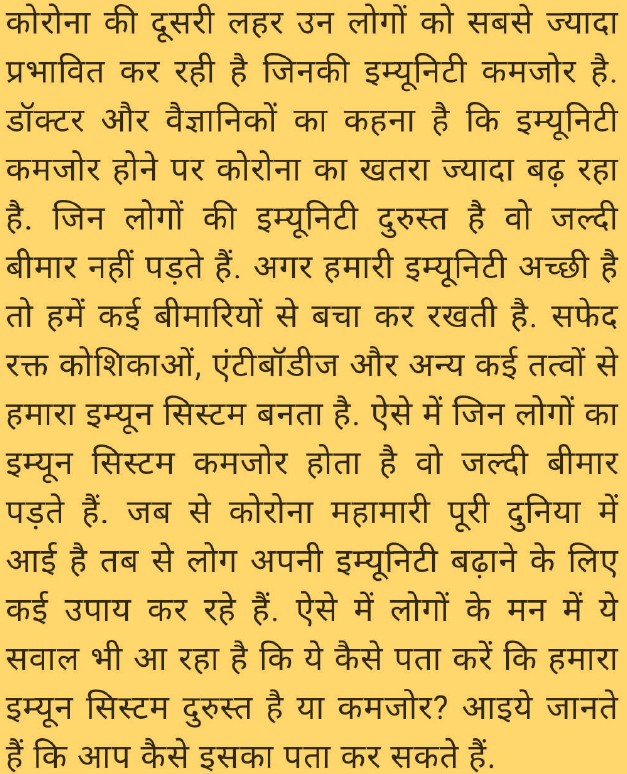
**and**

**of immunity power among students through immunity boosting foods and Yog-Asanas to strengthen lungs & respiratory tract. Precautionary notes on Black Fungus infection were also circulated among students for creating awareness towards its prevention.**

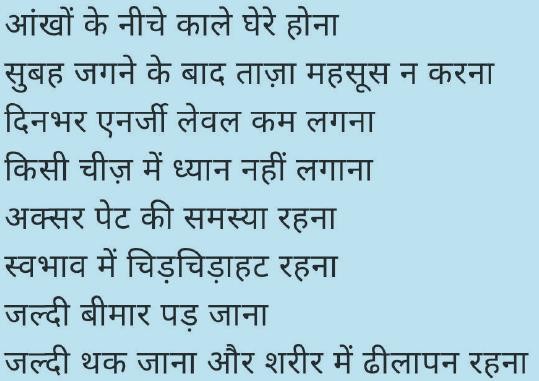
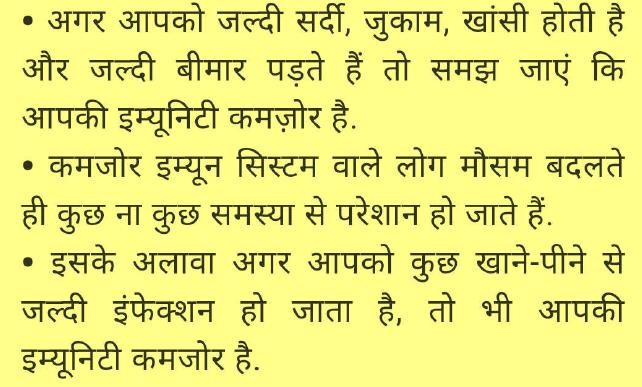




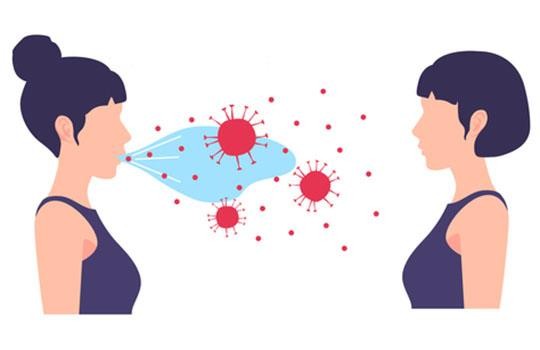


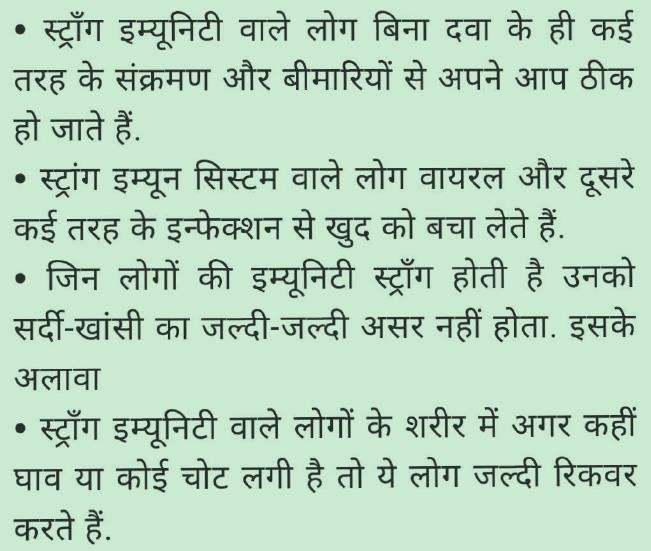


इम्यून सिस्टम की कमजोरी



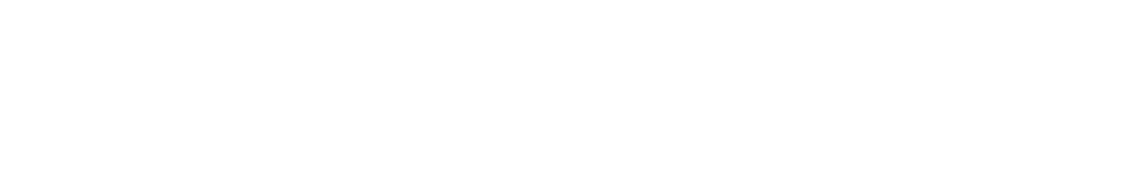
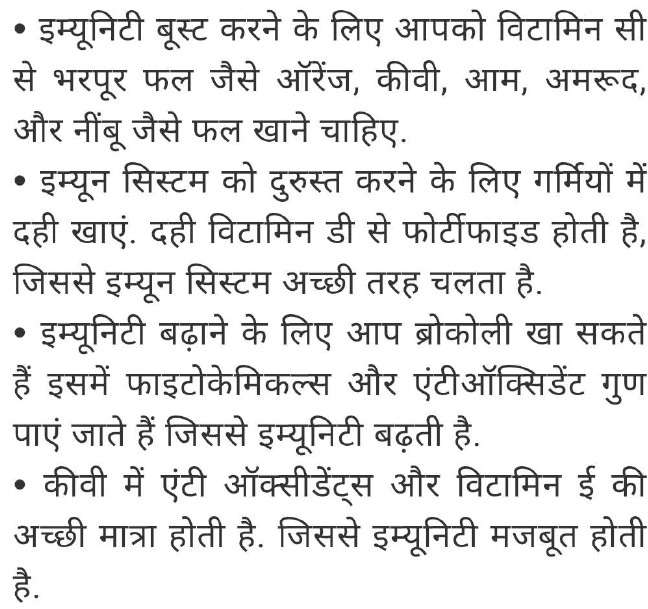
**कमजोर इम्यूनिटी की पहचान**





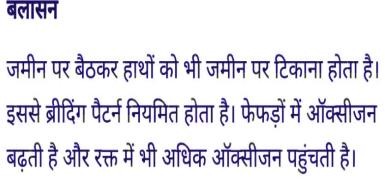
**स्ट्रॉंग इम्यूनिटी की पहचान**









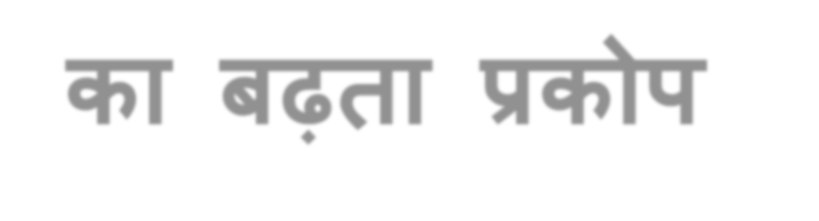
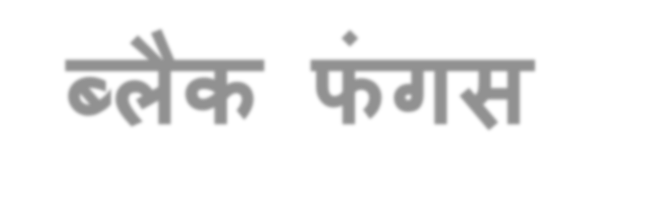
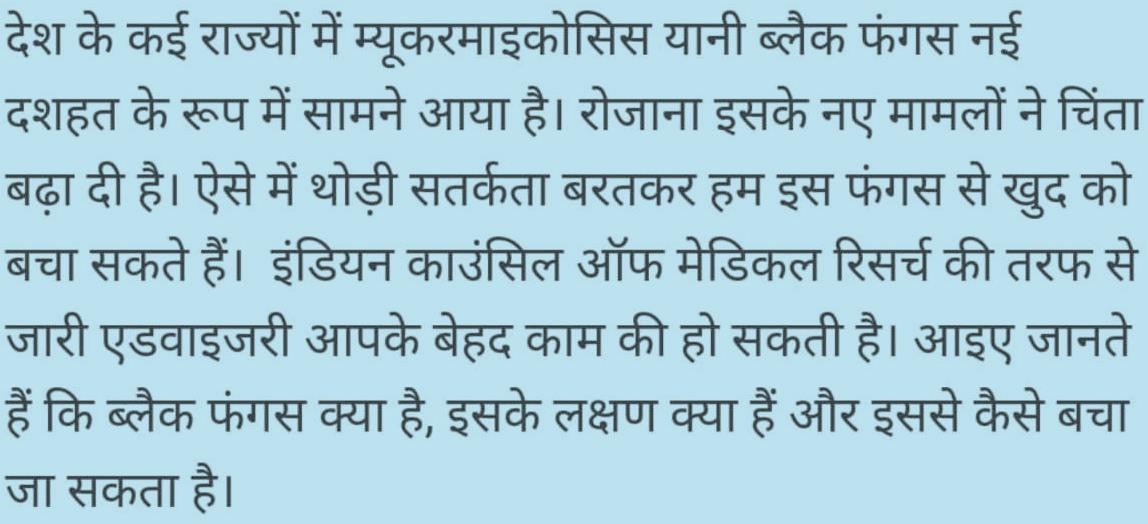
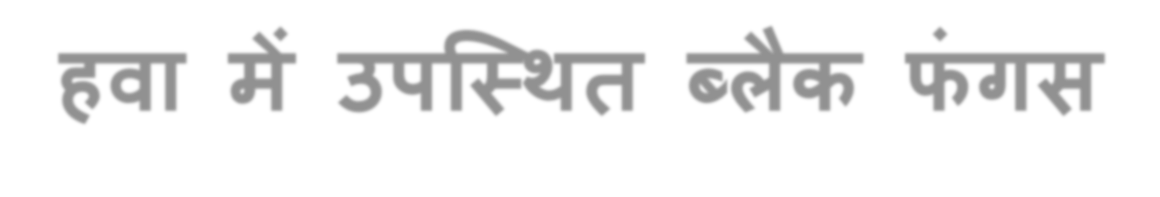
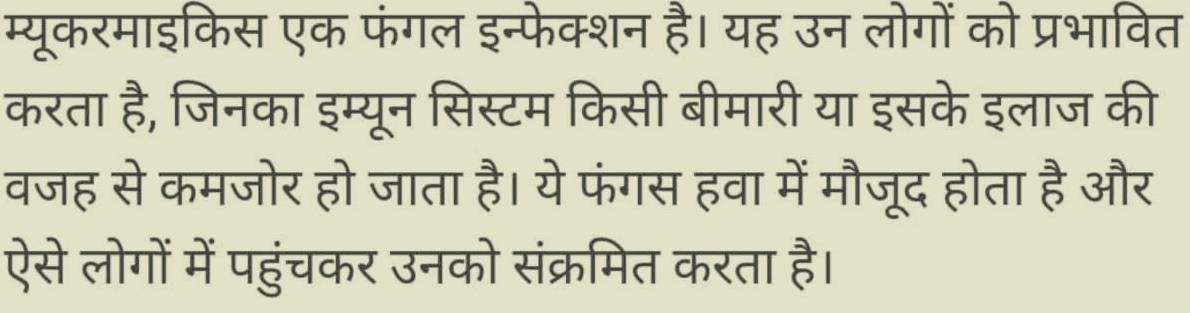


**इम्यूनिटी बढ़ाने वाले योगासन**

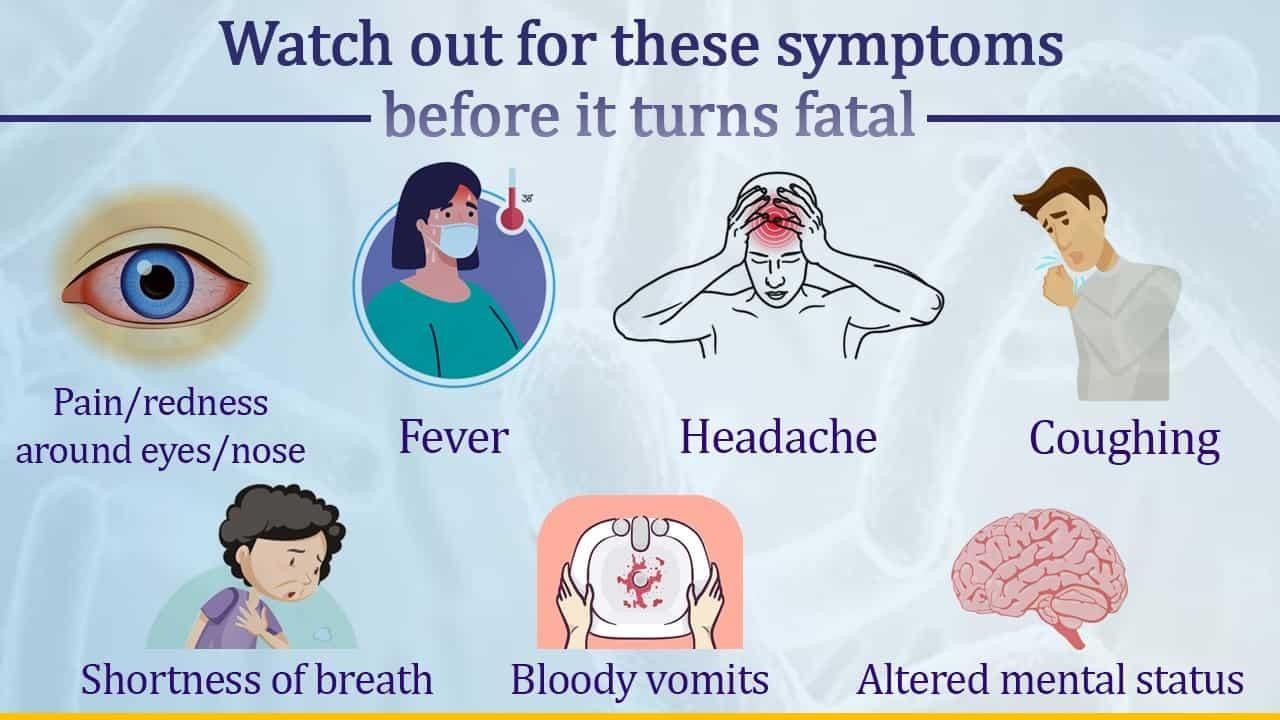
 

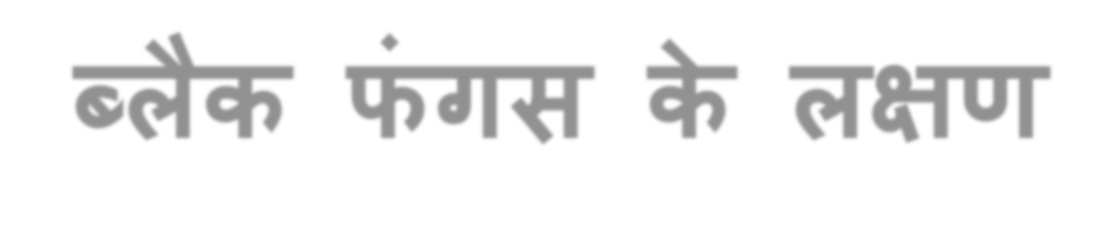
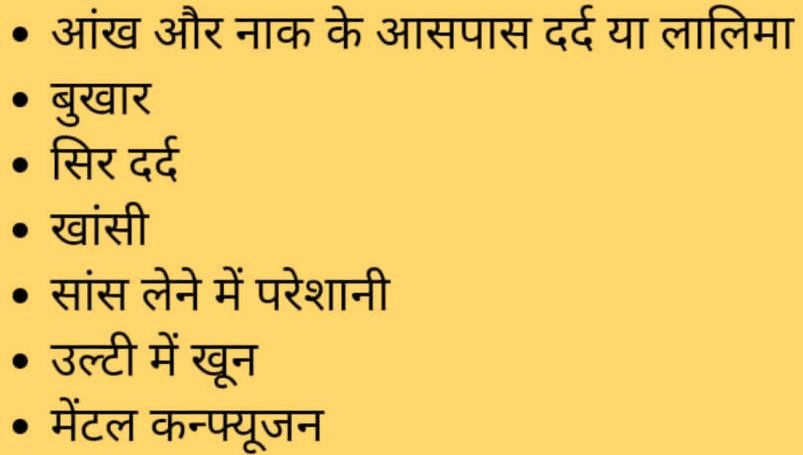
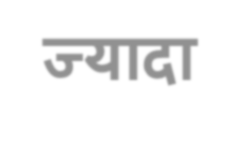
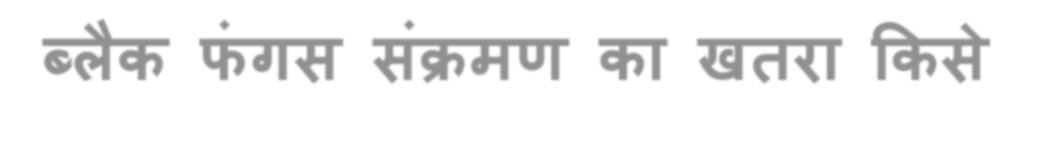
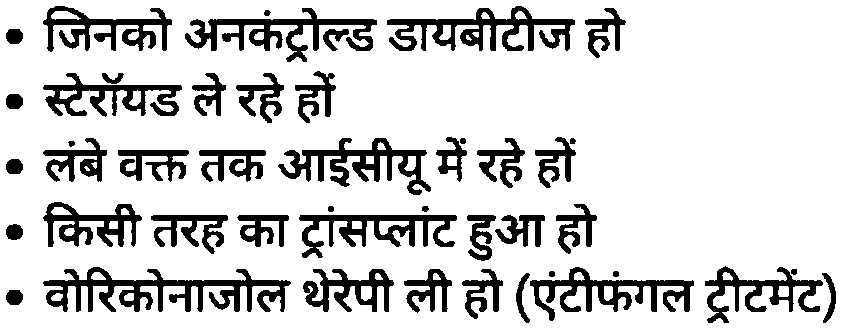




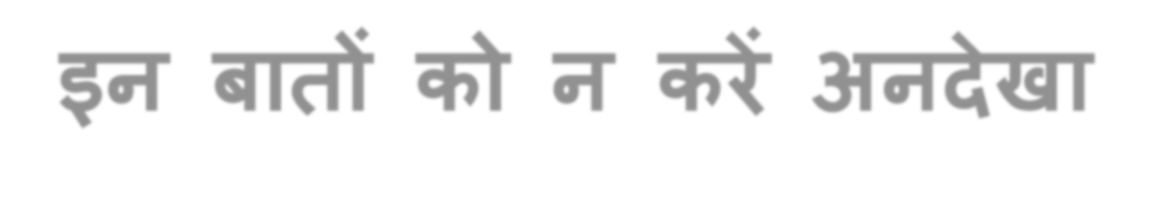
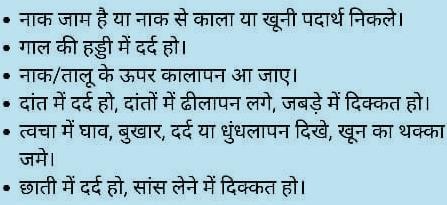
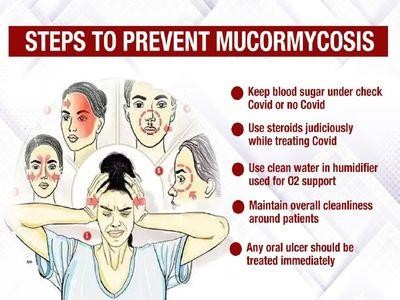


**ब्लैक फंगस का बढ़ता प्रकोप**





ब्लैक फंगस से बचाव



**इन बातों को न करें अनदेखा**



